






SCREENINGS SUGGESTED YEARLY





-  **Blood Chemistry Panel**  *Full 33 level screening!* CPT - 80048
Includes heart, kidney and liver functions, with lipid panel, **total cholesterol**, HDL (good), LDL (bad) and triglycerides. Also electrolyte levels, protein, iron, **fasting glucose**, and TSH (Thyroid Stimulating Hormone) uric acid and Carbon Dioxide. *Recommended 12 hour fasting, unless diabetic.*
- \$30 Hemogram (CBC) with Differential** CPT - 85025
A complete blood count of red and white blood cells, platelet levels, hemoglobin and hematocrit. Checks for anemia, infections and other blood disorders. Shows size of red blood cells and hemoglobin concentration.
- \$35 Hemoglobin A1C**  CPT - 83036
A screening that reflects average blood sugar levels for the past two to three months. Recommended for diabetics or those with a family history of high blood sugar. (Immediate fasting blood sugar glucose level is included in the Chemistry Profile.)
- \$40 PSA Screening for Men**  CPT - 84153
The PSA (prostate specific antigen) screening is one tool used to screen for prostate abnormalities. Recommended for men at age 50. However, if there is a family history of prostate cancer, it is recommended at age 40.

VITAMIN SCREENINGS











- \$50 Vitamin D, 25 Hydroxy** CPT - 82306
Provides an assessment of overall Vitamin D status for the screening of deficiency or toxicity. Measures both D2 and D3 together to report a total 25-hydroxy Vitamin D. Vitamin D is important for mineral absorption, the immune system, strong bones and overall health.
- \$50 Vitamin B12 with Folate**  CPT - 82607; 82746
Detects B12 and folate nutrient levels necessary for normal red blood cell (RBC) and white blood cell (WBC) formation and repair of tissues and cells. Both B12 and folate are nutrients that cannot be produced in the body and must be supplied by the diet.
Biotin consumption should be discontinued for at least 72 hours prior to testing.
Recommended 12 hour fasting, unless diabetic.

THYROID SCREENINGS


These thyroid screenings are in addition to the **Thyroid Stimulating Hormone (TSH)** that is included in our **Blood Chemistry Panel**.

- \$32 Thyroid Panel 1**  CPT - 84436; 84479
Includes the **T3 Uptake**, **Total T4** (Thyroxine), and calculates a free Thyroxine index.
- \$57 Thyroid Panel 2**  CPT - 84481, 84439
This test delivers an enhanced thyroid profile because it screens for the level of **Free T4** and **Free T3** hormones in the bloodstream. This is an important distinction, since the level of **Free T4** hormone illustrates how much is immediately available for use by cells, and measure of **Free T3** hormone in the body is considered a more accurate view of hormonal balance than a Total T3 reading.
- \$82 T3, Reverse**  CPT - 84482
The **Reverse T3 (RT3)** test measures the inactive form of the hormone. Reverse T3 is not regularly checked as often as other thyroid hormones but may be tested when someone is experiencing symptoms of low thyroid production but shows normal results from other thyroid tests.
Results are typically available online within 7-10 business days and mailed within 10-14 business days.
- \$47 Thyroid Antibodies**  CPT - 86376; 86800
Checks for antibodies that can injure the thyroid, affecting thyroid function. Includes thyroid peroxidase (TPO) and thyroglobulin antibody.

ADDITIONAL SCREENINGS

- \$42 Lipoprotein-associated Phospholipase A2 Activity (LP-PLA2)**  CPT - 83698
 Elevated levels of LP-PLA2 can indicate increased inflammation in blood vessel walls, helping your provider assess the likelihood of atherosclerosis (hardened arteries caused by plaque buildup) and related heart and stroke risks.
- \$27 Fasting Insulin**   CPT - 83525
 Insulin Levels can be useful predicting susceptibility to the development of type II diabetes and assist in monitoring treatment. *Fasting is necessary*
- \$35 Blood Type - ABO RH** CPT - 86900; 86901
Determination of ABO blood group type and Rh factor.
- \$50 Men's Testosterone, Total**  CPT - 84403
Screening used to evaluate testosterone hormone levels. **Biotin consumption should be discontinued for at least 72 hours prior to testing.**
- \$60 Women's Testosterone, Total**  CPT - 84403
Provides the sensitivity and specificity required for the assessment of the low testosterone levels found in women and hypogonadal men.
Results are typically available online within 7-10 business days and mailed within 10-14 business days.
- \$82 Rheumatoid Arthritis (RA) Expanded Panel**  CPT - 86140; 86200; 86431; 86038
These tests can help identify rheumatoid arthritis (RA) and arthritis associated with autoimmune disorders. Test includes: C-Reactive protein (CRP) Quantitative test; cyclic citrullinated peptide (CCP) antibodies; rheumatoid arthritis factor and Antinuclear Antibodies (ANA) Screening.
- \$35 C-Reactive Protein (CRP) - High Sensitivity CRP**  CPT - 86141
An elevated CRP is a marker of inflammation and can help to evaluate risk of cardiovascular disease, inflammatory disorders or infections.
- \$35 Ferritin**  CPT - 82728
Indicates levels of iron protein stored in the body. Appropriate if iron levels are out of range in the Chemistry Panel.
- \$57 Hepatitis C Antibody**  CPT - 86803
This test checks for antibodies to Hep. C indicating a previous infection. The CDC recommends this test once for adults with no risks born between 1945 and 1965. Also for those who have injected drugs or were recipients of transfusions or organ transplants prior to 1992.
- \$60 Celiac Screening**  CPT - 83516
Screening of antibodies to aid in the diagnosis of gluten-sensitivity. *You must be on a gluten-containing diet for antibody (blood) testing to be accurate. Fasting is not recommended*
Results are typically available online within 7-10 business days and mailed within 10-14 business days.

 **Covered Screenings/Products**

-  WHF highly recommends consultation with a physician prior to and following these tests.
 -  WHF recommends 12 hours fasting prior to blood draw, unless you are Diabetic.
- All WHF tests are non-diagnostic and intended for wellness purposes only.

Results are typically available online within 3-5 business days and mailed within 7-10 business days. *Exceptions apply.






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